

VISION

LifeRing envisions a world where every woman or man who encounters problems with drugs or alcohol will know how LifeRing can support their choice to make meaningful, lasting changes for a sober life.

We see a time when every LifeRing member will have experienced the joy of giving and receiving life-changing sobriety support in a secular setting. We'll embrace the strength we find in helping each other help ourselves.

We'll see face to face meetings occurring daily around the globe, blended with streaming technologies that connect us across vast distances and with our shy, isolated or differently-abled neighbors. We'll brighten at each others' sober smiles, share laughter, and find our reflections in the mirror of each other's eyes.

We'll use personal relationships and technology to connect with LifeRing when we are most in need, and to reinforce our resolve whenever we are tempted back to addiction. Our support will be available – not just for an hour at a time -- but whenever people are ready for LifeRing.

We'll organize diverse resources to enlighten and engage us as we construct and maintain our personal recovery plans.

LifeRing will provide the broadest and most accessible dynamic library of interactive knowledge to support sobriety, and will seek out the experiences and recommendations of its members as the primary source of our knowledge. We will remain open to advances in medicine and science, tempered by common sense and human values.

We envision that LifeRing will offer tools, organization, self-help, support, and one-to-one and social opportunities throughout the stages of sobriety: as someone decides to become sober, endeavors to end the cycle of addiction, recovers from addiction, and designs and maintains a permanently sober life.

LifeRing's communications will remain free of dependence on religion or the supernatural; free of politics and pressure.

We'll build bridges to other support groups, and inspire whole communities to understand and integrate the LifeRing approach: so that our families and friends may be comfortable with our sober lives.

We'll value the creativity, innovation and culture that emerges in a volunteer organization. The policy and course of our organization will continue to be set by people who have overcome addiction through LifeRing.

Every LifeRing member will find the means to give something back to the organization, and LifeRing will ease the work by providing simple templates for creating LifeRing communications, conducting outreach, and evaluating efficacy.

We will be able to demonstrate LifeRing's successes in promoting lasting sobriety -- and member satisfaction with our resources -- through trustworthy, evidence-based research.

We envision LifeRing's comprehensive and compassionate programs being ready to help, regardless of a person's age, economic status, geographic location, culture, lifestyle, language, race, gender, sexual orientation, level of dependency, or type of drug or alcohol addiction.

We'll share a round of applause for our shared success in sobriety, and the sound of our collective strength will move the world.